

Kentucky College of Direct Support

Phase I Required CDS Modules	Required Lessons
Maltreatment of Vulnerable Adults and Children	Lesson 1: Defining Abuse, Neglect, and Exploitation
	Lesson 2: Preventing Abuse, Neglect, and Exploitation
	Lesson 3: Reporting Abuse, Neglect, and Exploitation
	Lesson 4: Documenting Abuse, Neglect, and Exploitation
	Lesson 5: Following up on Reports
Individual Rights and Choice	Lesson 1: Overview of Individual Rights
	Lesson 2: Overcoming a Past of Barriers and Restrictions
	Lesson 3: Restrictions of Individual Rights
	Lesson 4: Your Role in Supporting Expression of Rights and Facilitating Choice Making
Phase II Required CDS Modules	Required Lessons
Introduction to Developmental Disabilities	Lesson 1: A Brief History of Developmental Disability
	Lesson 2: The Language and Ideas of Best Practices
	Lesson 3: Terminology and Classification
Safety at Home and in the Community	Lesson 1: Risks, Choices, and Common Sense
	Lesson 2: Safety At Home
	Lesson 4: Responding to Emergencies
	Lesson 8: Accident and Incident Reporting
Supporting Healthy Lives	Lesson 1: Living Healthy Lives
	Lesson 2: Health Across the Lifespan
	Lesson 3: Individual Health Needs
	Lesson 4: Signs and Symptoms of Illness
	Lesson 5: Care of Common Health Conditions
Teaching People with Developmental Disabilities	Lesson 1: Understanding Teaching
	Lesson 2: Preparing to Teach

Phase II Required CDS Modules	Required Lessons
Community Inclusion	Lesson 1: The Direct Support Professional's Role in Community Inclusion
	Lesson 2: Matching Community Resources with Individual Interests
	Lesson 3: Community Bridge-Building and Networking
	Lesson 4: Natural Supports
Documentation	Lesson 1: The Purposes of Documentation
	Lesson 3: Effective Documentation
Person Centered Planning	Lesson 3: The Person Centered Planning Process
	Lesson 4: Bringing Person-Centered Plans to Life
For DSP's only: Direct Support Professionalism	Lesson 1: Becoming a Direct Support Professional
	Lesson 3: Applying Ethics in Everyday Work
For DSP Supervisors only: Your First Few Weeks and Months as a Supervisor	Lesson 1: Stepping Into the Supervisory Role
	Lesson 2: Supervising and Managing Daily Operations
	Lesson 5: Conflict Management, Decision-Making, and Problem-Solving